## KNOW THE FACTS: Back to School Health Tips regarding tiny pests!

Lice and bed bugs are perceived as frightening conditions that can affect school aged children and their families. Though neither lice nor bed bugs will cause your child to get sick, they are an unwelcomed nuisance.

At South Eastern School District our School Nurses want to arm you with knowledge so you can be equipped to prevent and control any issues that you may encounter. The first and most important step you can take is to become knowledgeable and remain calm.

Please consider keeping this information so that you may refer to these handouts as you need to. As with any condition, South Eastern School Nurses can only help protect your child if we are aware of the issues you are dealing with.

Neither lice nor bed bugs are conditions to be, "embarrassed about," or "ashamed of." An effective school management plan will only work well if we work together. Please feel free to contact your child's school nurse Mrs. Kinley at <u>kinleya@sesd.k12.pa.us</u> or by phone 717-456-5313 extension 5820 with any health concerns throughout the school year.